

UGC NET Paper 1 Syllabus 2026 - 10-Unit Checklist

All ten General Paper on Teaching and Research Aptitude units, the June 2026 exam pattern, a four-week plan and mock-score tracker.

10 Paper 1 units	50 Questions	100 Marks	0 Negative marking
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Version note: the official UGC syllabus page identifies this syllabus as applicable from June 2019 onward. The year 2026 in this guide identifies the exam cycle; it does not claim a new 2026 syllabus revision.

How to use this PDF

Print it or mark it digitally. Tick a topic only after you can explain it, solve recent questions from it, and review your errors. This is a planning aid, not a replacement for the official syllabus.

Official UGC Paper I syllabus: https://www.ugcnetonline.in/showPdf.php?p1=NTA_All_R_Syllabus%2F00-Paper-I%2FPaper-I_English.pdf

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1. Current exam pattern and unit weight

Paper	Questions	Marks	Purpose
Paper I	50	100	Teaching/research aptitude, reasoning, comprehension and awareness
Paper II	100	200	Domain knowledge in the selected subject
Combined	150	300	180 minutes without a break; all questions compulsory

Marking

Each correct response carries 2 marks. The June 2026 bulletin states that there is no negative marking for an incorrect response. Unanswered or marked-for-review questions receive no marks.

Equal Paper I unit weight

The official Paper I syllabus note states that five questions carrying two marks each are set from each module. Treat every unit as a 10-mark block and do not abandon an entire unit.

5 Questions per unit	10 Marks per unit	180 min Paper I + II	No break Single CBT session
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Pattern checks

- [] Practise Paper I and Paper II in one 180-minute block
- [] Use all ten units in revision rotation
- [] Track accuracy even though there is no negative marking
- [] Check the latest NTA bulletin before a future cycle



2. Units I-V checklist

Unit I - Teaching Aptitude

- ☐ Teaching concept, objectives and levels
- ☐ Factors affecting teaching
- ☐ Offline vs online methods, including SWAYAM, SWAYAMPRAKASH and MOOCs
- ☐ Learner characteristics and individual differences
- ☐ Teacher-centred and learner-centred methods
- ☐ Teaching support and evaluation systems

Unit II - Research Aptitude

- ☐ Meaning, types and characteristics of research
- ☐ Experimental, descriptive, historical, qualitative and quantitative methods
- ☐ Thesis/article format and referencing
- ☐ Positivist and post-positivist approaches
- ☐ Research steps and problem formulation
- ☐ ICT in research and research ethics

Unit III - Comprehension

- ☐ Read a passage for central idea and purpose
- ☐ Draw supported inferences
- ☐ Use context for word meaning
- ☐ Locate stated information
- ☐ Separate fact, opinion and assumption

Unit IV - Communication

- ☐ Meaning, types and characteristics
- ☐ Group and classroom communication
- ☐ Mass media and society
- ☐ Verbal, non-verbal and intercultural communication
- ☐ Barriers and effective communication

Unit V - Mathematical Reasoning and Aptitude

- ☐ Types of reasoning
- ☐ Codes and relationships
- ☐ Percentage, profit-loss and interest
- ☐ Number and letter series
- ☐ Fractions, ratios and proportions
- ☐ Averages, time and distance



3. Units VI-X checklist

Unit VI - Logical Reasoning

- ☐ Argument forms and categorical propositions
- ☐ Deductive and inductive reasoning
- ☐ Indian logic and means of knowledge
- ☐ Formal and informal fallacies
- ☐ Analogies and Venn diagrams
- ☐ Inference, vyapti and fallacies of inference

Unit VII - Data Interpretation

- ☐ Data sources, acquisition and classification
- ☐ Bar, histogram, pie, table and line presentation
- ☐ Data and governance
- ☐ Quantitative and qualitative data
- ☐ Mapping and interpreting data

Unit VIII - Information and Communication Technology

- ☐ ICT abbreviations and terminology
- ☐ Audio and video conferencing
- ☐ ICT and governance
- ☐ Internet, intranet and email basics
- ☐ Digital initiatives in higher education

Unit IX - People, Development and Environment

- ☐ Sustainable development goals
- ☐ Pollution, waste and climate change
- ☐ Hazards and mitigation
- ☐ Human-environment interaction
- ☐ Health effects and natural resources
- ☐ Environmental laws and international agreements

Unit X - Higher Education System

- ☐ Ancient Indian institutions of learning
- ☐ Conventional and non-conventional programmes
- ☐ Value and environmental education
- ☐ Post-independence higher learning and research
- ☐ Professional, technical and skill education
- ☐ Policies, governance and administration



4. Four-week revision plan

Week	Main focus	Completion	Review
W1	Units I-III: teaching, research and comprehension	☐ Notes ☐ PYQs ☐ Mock	Score: ____ / ____
W2	Units IV-VI: communication, maths and logic	☐ Notes ☐ PYQs ☐ Mock	Score: ____ / ____
W3	Units VII-X: data, ICT, environment and higher education	☐ Notes ☐ PYQs ☐ Mock	Score: ____ / ____
W4	Two full-paper mocks; repair weak units; final recall sheets	☐ Notes ☐ PYQs ☐ Mock	Score: ____ / ____

Daily 90-minute Paper I block

- ☐ 25 min: revise one syllabus cluster
- ☐ 30 min: solve 20-25 mixed questions
- ☐ 20 min: analyse every wrong or uncertain answer
- ☐ 15 min: recall formulas, concepts and abbreviations without notes

Unit rotation rule

Do not revise the ten units only in numerical order. Alternate a reading-heavy unit, a reasoning unit and an awareness unit to keep retrieval varied.



5. Mock score and weak-area tracker

Mock	Paper I score /100	Time	Weakest unit	Next repair action
1				
2				
3				
4				
5				
6				
7				
8				

Unit	Accuracy	Last revised	One-line recall trigger
Unit 1			
Unit 2			
Unit 3			
Unit 4			
Unit 5			
Unit 6			
Unit 7			
Unit 8			
Unit 9			
Unit 10			

Suggested review trigger

If a unit stays below 70% accuracy across two sets, stop adding new questions and rebuild its concept sheet first.



6. Final source and version page

Before relying on this guide

- [] Open the official UGC syllabus and confirm all ten units.
- [] Open the information bulletin for the active exam cycle.
- [] Verify dates, eligibility, medium, accessibility and admit-card instructions separately.
- [] Remember that this checklist is not an application notice.

Primary sources

Official UGC Paper I syllabus: https://www.ugcnetonline.in/showPdf.php?p1=NTA_All_R_Syllabus%2F00-Paper-I%2FPaper-I_English.pdf

NTA UGC NET June 2026 information bulletin:

<https://cdnbbsr.s3waas.gov.in/s301eee509ee2f68dc6014898c309e86bf/uploads/2026/04/202604301078678748.pdf>

The current UGC syllabus repository states that the updated syllabus applies from June 2019 onward. This guide is an original summary and study tracker, not a reproduction of the four-page official syllabus.

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